

Brooklyn Senior Chit Chat

Brooklyn Senior Center
7727 Memphis Ave.
Brooklyn, OH 44144
(216) 635-4222
Hours 8:00 a.m. to 4:30 p.m.

March / April 2018



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THINK SPRING!



St. Patrick's Day Dance

Thurs. March 15, 2018

Music by: Al Battistelli
Come and Celebrate St. Patrick's
Day with Good Food
and Good Friends!

Tickets: \$12

Lunch Served at 11:30 a.m.

Dancing Starts at 1:00 p.m.

Menu: Corned Beef and Cabbage, Red
Skin potatoes, Carrots,
Rye Bread and Dessert

Advanced Tickets Sales
Only— By March 8th



"Spring Fling Dance"

Monday, April 23, 2018

Time: 1:00 p.m. to 3:00 p.m.

Come and enjoy an afternoon of
fun music and dancing with

"The Wayne Tomsic Combo"

Coffee and Dessert will be served.

Cost is \$6 / Purchase by April 22nd

Letter from the Senior Center Director

Dear Friends,

Coming in March we will have a **new system to check in** at the senior center through the “**My Senior Center**” which will be an automatic sign in. It’s a much better way to track attendance without all the paper sign in sheets. The new system will also display information, be a help in applying for grants, and give information on all the various activities available. You will be given a key fob scan card in order to scan in electronically at the front desk monitor. For Brooklyn Residents sign up is Free and will start the week of March 19th at 9:00 a.m.. Non-Resident sign up will be \$12 a year and will start the week of Monday March 26th. See info on page 3.

We will be hosting some **Free Senior Financial Workshops** that will take place the first Monday of the Month starting on March 5th. Time 10:30.a.m. to 11:30 a.m. They are sponsored by Esop and the Benjamin Rose Institute on Aging. The first topic will be “Recognizing & Avoiding Elder Financial Exploitation”. See page 3 for a complete list of topics and dates. Please call or come in to sign up —**see info on back page.**

We’re delighted once again to hold the annual **St. Patrick’s Day Lunch and Dance on Thursday, March 15th**. We do have some tickets still available. Cost is \$12 with a wonderful St. Patrick’s Meal and great music by Al Battistelli! Deadline to purchase your tickets is March 9th..

We are holding a “**Spring Fling Dance**” on **April 23rd**, Monday at 1p.m.. Price is only \$6—Dessert and Coffee will be served and the music will be by the Wayne Tomsic Combo! Come and put on your dancing shoes or just toe tap to the great music that they always puts out!

Look over all the great Speakers, Classes and Health n Exercise Programs we have coming up. Coming in late Spring we will organize a local trip—all details will be in the May / June edition of the Chit Chat. Ladies mark your calendar for our Annual Women’s Tea which will take place on Friday, May 11th! Don’t forget to come for our great lunch every Thursday! It’s the best deal in town—see menu on page 9. Ceramics is fun & looking for people to join and unleash their artistic talent! Chair Aerobics is every Mon. & Wed. at 9am

It is a pleasure to work with all of you! If Kathy or I can be of any assistance our door is always open.

Best Regards,

Karen Fratto



Brooklyn Senior Center Speakers / Featured Events/ Programs

University Hospital Parma Speakers

Thursday, March 8th—Allison Evens will discuss Arthritis and Rehabilitation Therapies

Thursday, April 5th—Amanda Scharf will speak on Infectious diseases and how to prevent them from spreading

Brooklyn is proud to announce that it has continued participation in the Heritage Home Programsm for the 2018 calendar year.

COME LEARN MORE ABOUT THIS PROGRAM AT THE SENIOR CENTER

DATE: Wed. April 25, 2018

Afternoon session time: 12:00 p.m.

Evening Session time: 6:30 p.m.

The Heritage Home Programsm is a specialized house maintenance and rehab program for owners of homes that are 50 years old or older.

The program is administered by the Cleveland Restoration Society (CRS).

If your house in Brooklyn is at least 50 years old, you have access to

Free Technical Assistance

and **Low-Interest Financing to Cover Project Costs** To find out more, call (216) 426-3116 www.heritagehomeprogram.org.

Come Play FREE Medicare Bingo

Thursday March 22nd 12:00 p.m.

It will start after our luncheon.

All are Welcome! Win Prizes, Learn about Medicare Info, Have Fun !

Also Come to a FREE Health Fair

Thursday April 19th 12:00 p.m.

Both are Hosted by "Just Like Family, Home Care LLC" - See pg 8

IMPORTANT "Coming Soon"

We will require all participants to sign up for Membership to the Brooklyn Senior Center

Sign up Schedule will start as follows:

- **Starting Week of March 19th SIGN UP** for Residents of Brooklyn—Cost is Free for Brooklyn Residents
- **Starting Week of March 26th SIGN UP** for Non Residents - Cost is \$12 a year

Once signed up you will receive a Key Fob Card that you will scan in with at the front desk each time you visit the Senior Center instead of signing all the paper sign in sheets.

FREE Welcome to Medicare Event **Monday, April 16, 2018—2:00 p.m.**

Learn about Medicare Part A and Part B benefits, the prescription drug benefit (Part D), Medicare Advantage plans, and Medicare supplement insurance.

This event, presented by the Ohio Senior Health Insurance Information Program (OSHIIP), staff are trained by the state and do not sell or promote any insurance companies, policies or agents. **QUESTIONS CALL OSHIP AT 1 800 686-1578**

AARP Senior Driving Class

Monday, April 30, 2018

11:30 a.m. to 3:30 p.m.

\$15 for AARP members

\$20 for Non Members

For anyone 55 & over. You will receive a certificate after the class to submit to your insurance company for a possible discount **AARP Smart Driver Course**

The course is intended to help drivers live more independently as they age and remain safe on today's roads. course. **Pre-Registration is required.**

Call the Senior Center (216) 635-4222

Ongoing Services

EXERCISE PROGRAMS

Tai Chi with Rose Verdino

Monday at 11:00 a.m.

Walkers Program

Tuesday & Thursday at 8:00 a.m.

Senior Low Impact Circuit Class with Sandy

Tuesday & Thursday at 9:00—11:00 a.m.

Ladies Bocce Ball

Wednesday starts at 9:00 a.m. inside

“Jazzercise” Class with Patty McGuire Wednesday, starts at 11:45 a.m. to 12:30 p.m.

Men’s Bocce Ball

Thursday starts at 10:30 a.m. inside

Wii Bowling

Friday starts at 9:00 a.m.

ARTS & CRAFTS PROGRAMS

Ceramics

Monday & Tuesday at 9:00 a.m.

Quilt & Sew

Wednesday at 9:30 a.m.

Craft Class

Thursday at 9:00 a.m.

Water Color Painting

Every Other Thursday, 1:30 p.m. Call for Dates

GET TOGETHER

Bingo - Tuesday at Noon—Everyone Welcome

Ladies Poker - Wed. at 12:00 p.m.

Ping Pong - Wed. & Fri. mornings

Mexican Train Dominoes - Wed 1:00p.m.

Canasta - Thurs. 1:00p.m.

Billiards - anytime

Library anytime

Health and Welfare Programs

Blood Pressure Screenings

****Emergency Calls Take Priority for Paramedics****

Brooklyn Paramedics

2nd and 4th Thursday from 10:00 - 11:00 a.m.

Greenbrier Nursing Home Nurse

3rd Tuesday from 10:00—11:00 a.m.

University Hospital—Parma

1st Thursday from 10:00 - 11:00 a.m.

Free Hearing Test

By Lee Anne Christner, Inc.

2nd Tuesday every month from 10:00 a.m. to

Noon **By appointment only**—call Senior Center

For a small fee Lee Anne will clean, repair, adjust, & replace batteries in your hearing aids

Post Office on Wheels

- Purchase stamps, money orders, & package supplies
- Mail letters and packages first class, priority, express, certified, insured & registered mail

First Thurs. of Month, March 1 & Apr. 5, 2018 at 11:40 a.m.—noon


MEALS ON WHEELS

The Brooklyn Senior Center has recently changed its Meals on Wheels program. We now work with Senior Citizen Resource in providing Meals on Wheels. Each meal, which is delivered Monday through Friday, consists of an entrée, milk and a fruit. Eligibility requirements, including a health assessment and income must be met, and being a home-bound senior 65 + who is unable to drive. This program serves the City of Brooklyn. If interested, please call Kathy at (216) 635-4222.

March 2018

Mon	Tue	Wed	Thu	Fri
Brooklyn Senior Center			1 8:00 Walkers Prog. 9:00 Exercise with Sandy 9:00 Craft Class 10:30 Men's Bocce 11:30 Luncheon 1:00 Canasta	2 9:00 Wii Bowling
5 9:00 Chair Yoga 10:00 Ceramics 11:00 Tai Chi 12:30 Cards	6 8:00 Walker Prog. 9:00 Exercise with Sandy 10:00 Ceramics 11:00 Soup n Sandwich 12:00 BINGO	7 9:00 Ladies Bocce 9:00 Chair Yoga 9:30 Quilt & Sew 11:45 Jazzercise 12:30 Ladies Poker 1:00 Mexican Dominos	8 8:00 Walkers Prog. 9:00 Exercise with Sandy 9:00 Craft Class 10:30 Men's Bocce 11:30 Luncheon 1:00 Canasta	9 9:00 Wii Bowling
12 9:00 Chair Yoga 10:00 Ceramics 11:00 Tai Chi 12:30 Cards	13 8:00 Walkers Prog. 9:00 Exercise with Sandy 10:00 Ceramics 11:00 SOUP N SANDWICH 12:00 BINGO	14 9:00 Chair Yoga 9:30 Quilt & Sew 11:45 Jazzercise 12:30 Ladies Poker 1:00 Mexican Dominos	15 8:00 Walkers Prog. 9:00 Craft Class NO Men's Bocce / No Ex. 11:30 St. Pat's Lunch/ Dance 1:00 Canasta 	16 9:00 Wii Bowling Happy St. Patrick's Day!
19 9:00 Chair Yoga 10:00 Ceramics 11:00 Tai Chi 12:30 Cards	20 8:00am Walkers Prog. 9:00 Exercise with Sandy 10:00 Ceramics 11:00 Soup n Sandwich 12:00 BINGO	21 9:00 Ladies Bocce & 9:00 Chair Yoga 9:30 Quilt & Sew 11:45 Jazzercise 12:30 Ladies Poker 1:00 Mexican Dominos	22 8:00 Walkers Prog. 9:00 Exercise with Sandy 9:00 Craft Class 10:30 Men's Bocce 11:30 Luncheon 1:00 Canasta	23 9:00 Wii Bowling
26 9:00 Chair Yoga 10:00 Ceramics 11:00 Tai Chi 12:30 Cards	27 8:00am Walkers Prog. 9:00 Exercise with Sandy 10:00 Ceramics 11:00 Soup n Sandwich 12:00 BINGO	28 9:00 Ladies Bocce & 9:00 Chair Yoga 9:30 Quilt & Sew 11:45 Jazzercise 12:30 Ladies Poker 1:00 Mexican Dominos	29 8:00 Walkers Prog. 9:00 Exercise with Sandy 9:00 Craft Class 10:30 Men's Bocce 11:30 Luncheon 1:00 Canasta	30 GOOD FRIDAY Senior Center is Closed

April 2018

Mon	Tue	Wed	Thu	Fri
2 9:00 Chair Yoga 10:00 Ceramics 11:00 Tai Chi 12:30 Cards	3 8:00 Walkers Prog. 9:00 Exercise with Sandy 10:00 Ceramics 11:00 Soup n Sandwich 12:00 BINGO	4 9:00 Chair Yoga 9:00 Ladies Bocce 9:30 Quilt & Sew 11:45 Jazzercise 12:30 Ladies Poker 1:00 Mexican Dominos	5 8:00 Walkers Prog. 9:00 Exercise with Sandy 9:00 Craft Class 10:30 Men's Bocce 11:30 Luncheon 1:00 Canasta	6 9:00 Wii Bowling
9 9:00 Chair Yoga 10:00 Ceramics 11:00 Tai Chi 12:30 Cards	10 8:00 Walkers Prog. 9:00 Exercise with Sandy 10:00 Ceramics 11:00 Soup n Sandwich 12:00 BINGO	Ladies Bocce 9:00 Chair Yoga 9:30 Quilt & Sew 11:45 Jazzercise 12:30 Ladies Poker 1:00 Mexican Dominos	12 8:00 Walkers Prog. 9:00 Exercise with Sandy 9:00 Craft Class 10:30 Men's Bocce 11:30 Luncheon 1:00 Canasta	13 9:00 Wii Bowling
16 9:00 Chair Yoga 10:00 Ceramics 11:00 Tai Chi 12:30 Cards	17 8:00 Walkers Prog. 9:00 Exercise with Sandy 10:00 Ceramics 11:00 Soup n Sandwich 12:00 BINGO 12:00 noon BINGO	18 9:00 Ladies Bocce & 9:00 Chair Yoga 9:30 Quilt & Sew 11:45 Jazzercise 12:30 Ladies Poker 1:00 Mexican Dominos	19 8:00 Walkers Prog. 9:00 Exercise with Sandy 9:00 Craft Class 10:30 Men's Bocce 11:30 Luncheon 1:00 Canasta	20 9:00 Wii Bowling
23 9:00 Chair Yoga 10:00 Ceramics 11:00 Tai Chi 12:30 Cards	24 8:00 Walkers Prog. 9:00 Exercise with Sandy 10:00 Ceramics 11:00 Soup n Sandwich 12:00 BINGO	25 9am Ladies Bocce 9:00 Chair Yoga 9:30 Quilt & Sew 11:45 Jazzercise 12:30 Ladies Poker 1:00 Mexican Dominos	26 8:00 Walkers Prog. 9:00 Craft Class 9:00 Exercise with Sandy 10:30 Men's Bocce 11:30 Luncheon 1:00 Canasta	27 9:00 Wii Bowling
30 9:00 Chair Yoga 10:00 Ceramics 11:00 Tai Chi 12:30 Cards				

Come and have lunch and hear our very knowledgeable speakers

Thursday Luncheons - Please buy your tickets in advance

Every Thursday Lunch is served at the Brooklyn Senior Center at 11:30 am. The cost is \$6.00. Tickets must be purchased no later than the Friday before the luncheon date. Pick up of Take Outs is not until 12:30 p.m. Please let us know of your take out prior to the luncheon. No Refunds.

Menus for March

March 1, 2018-Hamburger with Cheese with Lettuce and Tomato, Pasta Salad and Dessert

March 8, 2018 - Large Chicken Spinach Salad with Hot Bacon Dressing,, Dinner Roll, & Pudding Parfait

March 15, 2018 - **St. Pat's Day Lunch and Dance:** Corned Beef and Cabbage, Red Skinned Potatoes, Carrots, Rye Bread, & Dessert

March 22, 2018 - Stuffed Peppers, Mashed Potatoes, Salad, Roll, & Jell-O Cup.

March 29, 2018 - Chicken Alfredo over Penne Pasta, Roll, Tossed Salad, & Dessert

Menus for April

April 5, 2018 - Breaded Pork Chop with Stuffing and Gravy, Vegetable, Roll, & Dessert

April 12, 2018 -Chicken Parmesan, Vegetable, Tossed Salad, Roll & Dessert

April 19, 2018 - Beef Chow Mein over Rice,, Roll, and Dessert

April 26, 2018 - Lasagna with Meat Sauce, Tossed Salad, Garlic Bread, & Dessert



Tuesday Soup & Sandwich before BINGO

March Soup & Sandwich

March 6, 2018 - Meatball Minestrone Soup & Garlic Bread

March 13, 2018 - Breaded Cod Fish Fillet on Kaiser Roll with Tartar on the side, & Chips

March 20, 2018 - Cauliflower Soup topped with Cheese and Croutons & 1/2 Bologna Sandwich

March 27, 2018 - Chicken Paprikash Soup & Roll

April Soup & Sandwich

Apr. 3, 2018 - Loaded Baked Potato Soup with Crackers

Apr. 10, 2018 - Chili Cheese Hot Dog or Kraut Dog with Macaroni Salad

Apr. 17, 2018 - Tomato Soup with Grilled Cheese Sandwich

Apr. 24, 2018 - BLT Sandwich with Chips

Brooklyn City Council Notes

December 18, 2017

Passed resolutions honoring Antony DeMarco and Deborah Tomusko.

Confirmed re-appointments of Meg Ryan Shockey to the Planning Commission and Alison Rafter, Ryan Kelber and Rebecca Byndas to the Recreation Board.

Authorized Mayor to enter into agreements to purchase land at 4346 Tiedeman Road; 10139 Memphis Avenue; 4302 Tiedeman Road; and 10100 Manila Avenue.

Passed Annual Amended Appropriations.

December 28, 2017 – Special Council Meeting

Passed Amended Annual Appropriations.

January 4, 2018 – Special Council Meeting

Adjourned to interview 6 eligible applicants for the Council Vacancy.

January 8, 2018 – Special Council Meeting & Regular Council Meeting

Voted to approve Meg Ryan Shockey as the City Council Appointment

Approved a request for continuation of HVAC contract with K Company at the Recreation Center. This is the same rate of \$26,868 annually as the previous year.

Approved grants application requests to secure funding for a Senior Center Van, new programs at the Recreation Center and to help pay for the already approved Recreation Center renovations.

Passed a non-resident fee (\$12) for key fob cards and Chit-Chat newsletters at the Senior Center.

Approved Collective Bargaining Agreements for the Northern Ohio Patrolmen's Benevolent Association Patrol and Sergeants Unit for 2017, 2018, 2019 and 2020. The rate increases - 0% for 2017; 1.75% for 2018; 2% for 2019 and 2% for 2020.

Approved the Medical Mutual of Ohio coverage for January 1, 2018 to December 2018 at a 9.27% increase.

January 11, 2018 – Organizational Meeting

Discussed rules and appointments.

Chose committee assignments.

January 22, 2018

Approved liquor permit transfer for Biddulph Beverage

Approved re-appointments of Robin Lawrence, Joanne Maroulis and Ruth Scarbro to the Domestic Abuse Commission.

Approved Vice President and Branch Managers of PNC Bank Jeffrey Suhay to the Economic Development Committee.

Approved the 2018 Capital Improvement Plan.

Passed a resolution to support the Brooklyn Safe Routes to School Initiative and Revised School Travel Plan.

Approved the 2017-2020 Collective Bargaining Agreements for the Northern Ohio Patrolmen's Benevolent Association – Jailer's Unit. This provides for a 0% raise in 2017, 1.75% raise in 2018, 2% raise in 2019 and 2% raise in 2020.

RESIDENT BUS TRANSPORTATION

Bus runs from 8:30 a.m.—3:00 p.m.

Monday—Friday

**Reservations required—call Center at
least 1 business day in
advance: 216-635-4222**

Mon. - Medical appointments

Tues. - Medical appointments, Senior Center
for Soup N Sandwich, and Bingo

Wed. - 10:30 Shopping **in Brooklyn only**

Thurs. - Shopping and lunch at the Center
9:30 a.m. and 10:30 a.m. Shopping
Ridge Park Square & Biddulph Plaza
Pick up for lunch at the Senior Cen-
ter 10:30 a.m.

Fri. - Medical Appointments in Brooklyn
only, Banking, Hair appointments,
Shopping at Wal-Mart & Aldi's

Donation: \$1.00 each way
absolutely **no tipping**

In case of emergency, bad weather, or you
need **medication** or basic food, we can help.
Call Senior Center.

Look Who Came to Visit

The other day this big guy below came to visit us.
He was looking to play Bocce, so we asked him if
he was 55 years or older? He said no. So we had to
send him on his way. Come on back when you're a
senior big guy!



Chico's Casino Trips.

Wednesday March 7, 2018 Presque Isle Down-
Casino Bonus: \$30 free slot play Cost: \$30 person
Wednesday April 4, 2018 Mountaineer-
Casino Bonus: \$20 free play Cost: \$29 per person

Wednesday May 2, 2018 Rivers Casino-
Casino Bonus: \$20 free play Cost: \$31 person

Wednesday June 6, 2018 Presque Isle
Casino Bonus: \$30 free slot play /Cost: \$30 per

**Call Chico for more Info at:
(216) 551-7561**



Our Sincerest Get Well Wishes!

**Stella Busco,
Trudy Gramp,
Jane Gormish,
Sonny Peters,
Luke Rosati, &
Ethel Whipkey**



Exercise Your Right to Vote

Election Day: **Tuesday, May 8, 2018**
Polls open at 6:30a.m.

Condolences

Our Sympathy goes out to
all who have Lost Loved
Ones in the past months.

May They Rest in Peace!

Lorraine Bradshaw

Alina Eberhardt

Pat Moro

Alice Naples



Volunteer Appreciation

Thanks to all the many Wonderful Volun-
teers who clocked more than **668** hours in
the months of "December and January
Please, remember to sign the Volunteer
Book so we can keep track of your hours.

City of Brooklyn
Mayor Katherine Gallagher
7727 Memphis Avenue
Brooklyn, OH 44144-2197

Return Service Requested

PRSR STD
U.S. POSTAGE
P A I D
Cleveland, OH
Permit No. 141

DATED MATERIAL
DO NOT DELAY
MAILED: 2/23/18

**FREE Senior Financial Workshops
at Brooklyn Senior Center**

Please join **ESOP & Benjamin Rose Institute on Aging** as
We educate seniors on how to make good financial decisions
and maintain financial stability while avoiding financial abuse.

First MONDAY of Month / TIME: 10:30-11:30 am

March 5, 2018: Recognizing & Avoiding Elder Financial
Exploitation

April 2, 2018: Estate Planning

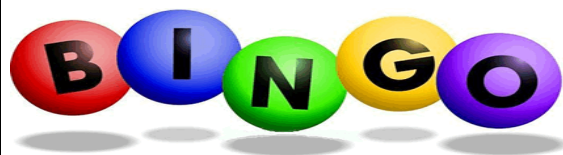
May 7, 2018: Budgeting & Goal Setting

June 4, 2018: Understanding Credit & Debt

July 2, 2018: Building Savings & Protecting Assets

August 6, 2018: Action Plan: Bringing it All Together

Call or Stop in to sign up for them at Front desk



***Every Tuesday at Noon
All Year Long
Get out and have some fun!
Come early and have some
“Good Eats” with our Lunch
for only \$3.50
(see pg 9 for menu)***